

Planning card for self-control

point form

God's way

I am demonstrating godly character when:

- I use self-control
- I think before I act or speak
- I trust God to help me control my thoughts and actions

And God is pleased!

My way

When I am tempted to:

- act or speak without thinking
- react quickly when I get hurt or angry
- speak or act without thinking about how it may affect others
- overreact

I know that I need to go to God for help.

This week, we will focus on learning about self-control by:

Date complete:

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Daily reminders: PRAY! | Speak words of blessing and affirmation | Review memory verse

Memory verse:

Planning card for self-control

calendar form

God's way

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This week, we will focus on learning about self-control by:

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--------|--------|---------|-----------|----------|--------|----------|
| | | | | | | |

Daily reminders: **PRAY!** | Speak words of blessing and affirmation | Review memory verse

Memory verse: